

Inverclyde Communities Mental Health and Wellbeing Fund

Fund Guidance for Years 5 and 6



Scottish Government
Riaghaltas na h-Alba
gov.scot



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CVS INVERCLYDE

Contents

| | |
|---|----|
| Background | 3 |
| Inverclyde Communities Mental Health and Wellbeing Fund Outcomes | 5 |
| Inverclyde Funding Priorities | 7 |
| Priority Groups | 8 |
| Inverclyde Communities Mental Health and Wellbeing Fund Activities..... | 10 |
| Project Examples | 12 |
| Inverclyde Communities Mental Health and Wellbeing Fund Criteria | 14 |
| Who Can Apply | 14 |
| Unincorporated Organisations..... | 15 |
| Large and National Organisations | 15 |
| New Organisations | 16 |
| Eligible Costs..... | 16 |
| Multi Annual Funding | 17 |
| Grant Levels | 17 |
| New and Continuation Projects | 17 |
| Capacity Building Support..... | 18 |
| Additional Monitoring and Evaluation Requirements..... | 20 |
| Project Delivery Timescale | 21 |
| Application Process | 21 |
| Appraisal Criteria..... | 23 |
| Application Timescales..... | 22 |

Successful Applicants 23

Unsuccessful Applicants 25

Contact Details 26

Inverclyde Communities Mental Health and Wellbeing Fund

Background

The Communities Mental Health and Wellbeing Fund for Adults (the Fund) was established in October 2021 and to date has distributed around £66 million to community initiatives supporting mental health and wellbeing across Scotland. Funding for a fifth and sixth year (£15 million each year) was announced in March 2025. The Fund is part of the Fairer Funding Pilot which means for the first time funding for 2 years can be awarded. Inverclyde has been awarded £243,434.99 to distribute in year 1 of the pilot programme. The second-year amount will be confirmed in April 2026 based on the NRAC formula but is likely to be a similar amount.

Twenty-three projects received funding in Year 4 of the Fund and are now supporting many people across Inverclyde delivering a wide range of activities focussing on improving mental health and wellbeing for adults. The average grant awarded in Year 4 was £10,335. A 55% success rate was achieved based on grant requested.

The Fund is distributed locally by CVS Inverclyde (CVSI) to community groups and organisations delivering services in Inverclyde. This funding reflects the importance placed on community support as part of the overall mental health infrastructure and the commitments given to increase direct mental health investment.

The Fund directly contributes to Outcome 4 of the [Mental Health and Wellbeing Strategy](#) published in June 2023:

“better equipped communities to support people’s mental health and wellbeing and provide opportunities to connect with others”

The Fund will achieve this by providing significant investment into community support for adults (aged over 16 years of age). This investment complements the children and young people’s community wellbeing supports currently being rolled out across Scotland.

The Fund clearly supports the three key areas of focus in the Strategy:

Promote positive mental health and wellbeing for the whole population, improving understanding and tackling stigma, inequality and discrimination;

Prevent mental health issues occurring or escalating and tackle underlying causes, adversities and inequalities wherever possible; and


Provide mental health and wellbeing support and care, ensuring people and communities can access the right information, skills, services and opportunities in the right place at the right time, using a person-centred approach.

The Fund recognises the crucial role that the Third Sector plays in supporting and improving the mental health and wellbeing of people living across Scotland. Together we want to ensure that everyone in Inverclyde is supported to achieve good mental health and wellbeing ensuring that the right help and support is available whenever it is needed.

Inverclyde Communities Mental Health and Wellbeing Fund Outcomes

The intended outcome of the Fund is to develop a culture of **mental wellbeing and prevention** within local communities, and across Scotland with improved awareness of how we can all stay well and help ourselves and others.

The Fund seeks to contribute to **four key** areas of focus:



Develop a **culture of mental wellbeing and prevention** within local communities and across Scotland with improved awareness of how we can all stay well and help ourselves and others.

Foster a **strategic and preventative approach** to improving community mental health.

Support the **resilience of communities** and investing in their capacity to develop their own solutions, including through strong local partnerships.

Tackle the **social determinants of mental health** by targeting resources and collaborating with other initiatives to tackle poverty and inequality.

The Fund also seeks to contribute to the following national outcomes from the **National Performance Framework**: [\[Cite your source here\]](#)

- We are healthy and active.
- We will live in communities that are inclusive, empowered, resilient and safe.
- We tackle poverty by sharing opportunities, wealth, and power more equally.

The Fund complements Inverclyde Health and Social Care Partnership's (HSCP) vision:

“Inverclyde is a caring and compassionate community working together to address inequalities and assist everyone to live active, healthy and fulfilling lives”

Our approach to improving mental health within Inverclyde is based on developing a population wide approach, with development of partnerships across agencies and sectors in our community to enable better awareness of actions and approaches that support mental wellbeing.

The **outcomes** we expect to achieve through the funding include:

1. **People are better able to look after and improve their own mental health and wellbeing**
2. **Community based services are centred on helping to maintain and improve the quality of life of people using them**
3. **Reduction in social isolation faced by at risk groups through promoting good connections**
4. **People who provide unpaid care are supported to look after their own mental health and wellbeing**

Inverclyde Funding Priorities

The overarching aim of the Fund is to support community-based initiatives that promote and develop good mental health and wellbeing and/or mitigate and protect against the impact of distress and mental ill health, with a particular focus for 2025-2027 on:

1. Tackling **mental health inequalities** through supporting “at risk groups”
2. **Addressing priority issues** of social isolation, loneliness suicide prevention and poverty and inequality, with a particular emphasis on responding to the cost-of-living crisis and support to those who face socio-economic disadvantage
3. Supporting **small ‘grass roots’ community groups** and organisations to deliver such activities
4. Providing **opportunities for people to connect** with each other, build trusted relationships and revitalise communities
5. Supporting **recovery and creativity** locally by building on what is already there and by investing in creative solutions

The Strategic Partnership Group has developed the Inverclyde funding criteria by considering the following:

- Strategic review of local strategies
- Discussion with key partners and partnership groups
- Consultation with Community Link Workers
- Co-production activities with people with lived and living with experience

Priority Groups

The following groups are identified as those most at risk currently, in relation to experiencing poor mental health and wellbeing, and therefore projects will be prioritised which support these groups when allocating funds for delivery in 2025-2027.

| Target Groups |
|---|
| Carers |
| Lesbian, Gay, Bisexual and Transgender and Intersex (LGBTI) communities |
| Older people |
| Neurodivergent people and may be diagnosed with neurological conditions such as autism spectrum condition (ASC) |
| People affected by psychological trauma (including Adverse Childhood Experiences) |
| People experiencing severe and multiple disadvantage* |
| People facing socio-economic disadvantage |
| People from a minority ethnic background |
| People who have experienced bereavement or loss |
| People with a long term physical or mental health condition or disability |
| Refugees and those with no recourse to public funds |
| Women affected by gender violence |
| Young people (aged 16-24) |

* Severe and multiple disadvantage refers to people who have complex problems such as homelessness, drug and alcohol misuse, experience of the criminal justice system, serious mental health problems, and cycles of violence, abuse or trauma. These problems and experiences coincide with each other and complicate the ability of public services to provide support.

In year 5, the Strategic Partnership Group is particularly keen to receive applications that have a focus on supporting Lesbian, Gay, Bisexual and Transgender and Intersex (LGBTI) communities, as they have been under represented in receiving funding in the last couple of years.

We are keen to ensure that where a project notes a focus on a target group, that this is meaningful. Projects can have a broad focus and/or address specific target groups. As such in line with Scottish Government guidance projects need to consider what approach they plan to take from the following options:

General – project is not targeted at specific groups and is likely to be more geographically focussed.

Targeted - open to all but with a particular focus on specific “at risk” target groups.

Restricted – aimed directly at particular “at risk” target groups.

Inverclyde Communities Mental Health and Wellbeing Fund Activities

The Fund will support a range of community-based activities which address local health inequalities and support projects that assist people who are:

- Experiencing stress and distress.
- Experiencing socioeconomic pressures, including the impact of the cost-of-living crisis.
- Experiencing emotional and relational difficulties.
- Experiencing loneliness and social isolation.
- Suffering from anxiety and depression.
- Requiring support to improve their wellbeing.

During Years 5 and 6 there is a continued emphasis on responding to the ongoing cost of living crisis and on those facing socio-economic disadvantage, with a particular focus on supporting the six priority family groups identified under Best Start Bright Futures: Tackling Child Poverty Delivery Plan. In line with the Scottish Government's long-term outcomes for mental health in communities, this Fund intends to provide investment for:

Fostering a **strategic and preventative approach** to improving community mental health.

Supporting the **resilience of communities** and investing in their capacity to develop their own solutions.

Tackling the **social determinants of mental health** by targeting resources and collaborating with other initiatives to tackle poverty and inequality.

A range of projects will be funded including those which focus on:

- **Early intervention and prevention**
- **Encouraging connections and peer support**
- **Reducing social isolation and loneliness**
- **Improving self-confidence and esteem**
- **Encouraging befriending**
- **Improving emotional resilience**
- **Reablement and self management**
- **Improving wellbeing including physical activities**
- **Suicide prevention**

It is acknowledged that nonclinical interventions like building community, having structure, and learning new skills or being in nature can all improve mental health. This means that there are a wide range of projects that can be preventative. For example, someone attending guided nature walks who is suffering from anxiety may find their condition aided by making personal connections, the structure the project brings to their schedule each week, and the grounding and calming effects of nature. As such, the project may contribute to mental health improvement, and indeed mental health improvement. This may mean that clinical services are not required later down the line thus it has a preventative focus.

The Fund is primarily aimed at a range of preventative community supports for improved mental health and wellbeing. There are cases where support and treatment are hard to distinguish and we recognise that some community based complementary supports as part of their offer also provide counselling, as well as other therapeutic treatments. As such counselling and other therapeutic treatments are not excluded from the Fund but will be considered on a case-by-case basis. The main intention of the Fund is not about projects that are primarily “treatment” focused and is not meant to replace funding for direct therapeutic interventions in the community. Instead, it aims to provide a range of broader community supports that can complement clinical care.

If such supports are funded, there must be appropriate safeguarding around this, including staff/volunteers having access to adequate sources of support and/or supervision. For any proposals that do involve delivering therapeutic interventions, there should be clear arrangements in place for clinical supervision and governance. Specifically with regards to counselling support, projects should conform to agreed professional standards, such as those provided by COSCA and BACP. Formal counselling should be undertaken by a professional counsellor, acting in their specialist role, and in accordance with a strict code of ethics, which requires confidentiality, accountability and clinical supervision.

Project Examples

These project examples to highlight the types of projects which may be awarded funding. These are purely illustrative, and a much wider range of activities can be funded than those detailed if they meet the specified funding priorities:



Creating a community garden for people to help grow flowers and vegetables encouraging peer connections for people who are struggling with social isolation and loneliness.

Establishing a health and wellbeing course for older people in a community hub which focusses on exercise and healthy eating reflecting the important relationship between physical and mental health.





Developing a befriending project which connects a volunteer befriender with someone with a long term physical or mental health condition or disability. Through their connection with a befriender beneficiaries will be able to connect better with their local community and access social activities and facilities.

Deliver a programme of arts classes for Lesbian, Gay, Bisexual and Transgender and Intersex (LGBTI) communities providing a space for people to be themselves, to see themselves and to connect with others. The classes could include creative writing, comic making and fashion and culminates in a final show showcasing the varied creative pieces generated and open to the wider local community.



Establishing a sports programme for women from ethnic minorities. The programme would be delivered in appropriate community spaces and could establish women only swimming times at a local swimming pool. Activities could also include regular social events encouraging participants to share their culture and to encourage deeper connections.

Inverclyde Communities Mental Health and Wellbeing Fund Criteria

The section set out the broad parameters for how funding will be allocated to organisations delivering activities in Inverclyde. As outlined in the fund aims, we will fund **community-based initiatives** that promote and develop good mental health and wellbeing and/or mitigate and protect against the impact of distress and mental ill health within the adult population, **aged 16 and over**. Successful projects funded can only deliver services in Inverclyde.

It is anticipated that funding will be allocated to initiatives which focus on:

- Tackling priority issues within the [Mental Health and Wellbeing Strategy](#) such as prevention, suicide prevention and reducing social isolation and loneliness.
- Addressing the mental health inequalities faced by the 'at risk' groups locally.
- Projects which consider the on-going effects of the cost-of-living crisis.

While the fund can support the expansion of activities, it is intended to **provide additionality**, not replacement funding **and cannot cover statutory provision**.

Projects must be as accessible as possible for people and should not require a GP, Community Link Worker or other medical referral to ensure access.

Who Can Apply

The ambition of this Fund is to support initiatives which promote mental health and wellbeing at a small scale, grass roots, community level. The fund will be accessible to all groups, no matter how small or inexperienced they are.

The Fund can support both new and existing groups or projects. Applicants do not need a mental health and wellbeing as the focus of their organisation, but their application will need to evidence how activities will clearly benefit the mental wellbeing of people in their community.

Applications can be accepted from a range of voluntary, 'not for profit' organisations, associations, groups and clubs or consortiums/partnerships which have a strong community focus for their activities including:

- **Scottish Charitable Incorporated Organisations (SCIO)**
- **Companies Limited by Guarantee**
- **Trusts**
- **Community Council**
- **Not-for-profit company or asset locked company or Community Interest Companies (CIC)**
- **Cooperative and Community Benefit Societies**
- **Parent Council***

* Please note that parent councils are eligible to apply, subject to the following conditions:

- The funded activities must meet the aims of the Fund and specifically must focus on supporting young people aged 16 or over or supporting adults rather than their children.
- Any Parent Council applying to this fund must have a statutory duty to keep proper accounts, for which there may already be legal and regulatory requirements for them to do so for example, some parent councils are registered with OSCR as a charity.

Unincorporated Organisations

Funding of un-constituted groups will be considered, either by supporting these groups to become constituted, or allowing a constituted entity (that meets the criteria above) to hold a grant on behalf of the un-constituted group, subject to CVSI being satisfied with assurances around monitoring and accountability of expenditure.

Large and National Organisations

It is expected that most applicant organisations will be smaller and have an annual income of less than £1m per year. However, in exceptional circumstances applications from organisations with a higher income may be considered, particularly if the organisation is providing unique or new services not currently available within Inverclyde which closely meet the priorities of the fund.

National organisations undertaking initiatives in Inverclyde are not excluded but are not the main focus of the Fund and will only be funded by exception.

New Organisations

Applications from newly established organisations will be considered and these organisations must submit an income and expenditure profile with the application form.

Eligible Costs

The table below highlights what can and can not be funded through the programme.

| What can be funded | What cannot be funded |
|---|---|
| Equipment | Contingency costs, loans, endowments or interest |
| One-off events | Electricity generation and feed-in tariff payment |
| Hall hire for community spaces | Political or religious campaigning (<i>please note faith based organisations are eligible to apply with the exclusion of any religious campaigning activities or activities restricted only to members of the faith-based organisation</i>) |
| Staff costs (these should be one off or fixed term) | Profit-making/fundraising activities |
| Training costs | VAT you can reclaim |
| Transport | Statutory activities |
| Utilities/running costs | Overseas travel |
| Volunteer expenses | Alcohol |
| Small capital spend up to £5,000* | Retrospective activities |

*Funding is available for capital expenditure such as the construction, refurbishment and/or purchase of buildings, amenities or vehicles. The benefits of capital expenditure must demonstrably contribute to the Fund outcomes. Applicants will be awarded no more than £5,000 for capital expenditure. This limitation does not apply to the purchase of small items of equipment. If an applicant applies for a grant towards capital works on a building, they must either own the building or have a lease that lasts for at least 5 years.

In addition, if where an organisation holds a lease, they must also have an official letter from the owner or landlord that gives permission to undertake the capital work on the building. Grant recipients must ensure they comply with Planning Permission and Building Control requirements. Please contact funding@cvsinverclyde.org.uk for additional advice on capital works. Evidence of capital expenditure will be required if an award is made for capital funding.

Multi Annual Funding

As a result of the Fund being part of the Fairer Funding Pilot, applicants can choose to apply for one- or two-years of funding (referred to as multi annual funding). 60% of the programme budget is ringfenced for multi annual funding. Multi annual funding will be awarded with the following caveat: the value of the grant award for year two is an indicative confirmation and is not guaranteed. All indicative funding commitments are subject to the outcome of any spending review by the Scottish Government and approval of the annual Budget Bills by the Scottish Parliament during this period.

Project applicants must decide whether to apply for annual **OR** multi annual funding. Only the strongest applications will be awarded multi-annual funding. Applicants who apply for multi annual funding and are unsuccessful will be moved into the annual funding category therefore may still be awarded a grant depending on the score awarded by the appraisal panel.

Grant Levels

It is expected that the majority of grants will be for **less than £10,000**. The **maximum** grant that can be requested in years 5 and 6 is **£15,000 per annum**. A multi annual project can apply for a maximum of **£30,000 over the 2-year period**.

£75,000 has been ring-fenced for small organisations (organisations with an annual income of less than £150,000).

Applicants can apply for up to 100% funding towards eligible costs. There is no obligation to provide match funding, however, if an organisation is providing match funding, the appraisal panel will need to be satisfied the match funding is in place before the project can proceed and if evidence can not be provided funding through the project delivery, we reserve the right to withdraw funding through this programme.

New and Continuation Projects

While existing projects are eligible to apply for continuation funding, it is important that the funding allows opportunities for new projects to be funded. Consequently £40,000 will be ringfenced per year for new projects. For Year 5 and 6 there will be a continued effort to reach underrepresented at-risk groups in Inverclyde which should in turn unearth further 'new' projects not funded in the first 4 years. Projects requesting continuation funding will be asked to demonstrate how they are using learning from their current delivery to develop the project further.

Capacity Building Support

The CVSI Team will offer a range of capacity building support activities, some specifically for organisations who are new to this fund and/or those organisations who are not currently constituted.

Prior to funding deadlines for Year 5:

- Presentations on the Fund at established CVSI networks.
- Meetings with specific organisations who support underrepresented groups.
- Overview of the Fund session in person 1030-noon on Monday 1st of September 2025
- Overview of the Fund online session 2-330pm on Thursday 18th September 2025. Presentations will be available on the website for those not able to attend the live session.
- In person training session - How to complete the funding application form. This session will be for organisations that have **not** previously been funded through this Fund, including applicants who have been rejected previously. To book a place on this session please email funding@cvsinverclyde.org.uk.
- 1:1 advice and support for those organisations new to funding or rejected previously – these can be booked directly with the Funding team at funding@cvsinverclyde.org.uk. Places will be limited and accessed on a first come first serve basis and will be available until 15th October 2025
- Application enhancement service – available between 22nd September and 10am on 14th October 2025. Organisations new to funding will be prioritised.
- Advice and support to un-constituted groups to become constituted.
- Advice on the fund can be sought from the funding team at funding@cvsinverclyde.org.uk.
- Signposting to other funds where relevant.

For organisations that are successful the following support will be available as required:

- Training in how to complete the grant monitoring reports, expenditure statements, case studies and beneficiary survey.
- Networking activities for funded projects.
- Advice and guidance to help with sustainability of projects.

Fairer Work First

Fair Work First is the Scottish Government's flagship policy for driving high quality and fair work and workforce diversity across the labour market in Scotland. Their [Fair Work First Guidance](#), updated on 18 November 2024, explains the Fair Work First approach, provides good practice examples to guide employers' approaches and, importantly, explains the benefits of fair work for workers and organisations. It is designed to encourage and support employers to adopt fair work practices within their organisation, focusing on the Fair Work First criteria.

Through Fair Work First the Scottish Government is asking employers in receipt of public sector grant funding to adopt the following criteria:

Mandatory

- payment of at least the real Living Wage;

Desirable

- investment in workforce development;
- no inappropriate use of zero hours contracts;
- address workplace inequalities, including pay and employment gaps for disabled people, racialised minorities, women and workers aged over 50;
- offer flexible and family friendly working practices for all workers from day one of employment; and,
- oppose the use of fire and rehire practice

The mandatory criteria is the minimum standard required for a grant award, and grant applicants should also confirm that they are committed to working towards the five remaining desirable criteria.

With regards to the real Living Wage, the guidance notes that: The real Living Wage condition requires that the following groups of workers who are 16 and over, including apprentices, are paid at least the real Living Wage:

- All staff who are directly employed by the grant recipient and work in Scotland.
- All staff who are directly employed by the grant recipient and directly engaged in delivering the funded activity but based elsewhere in the UK.
- All workers (in a third party organisation) not directly employed by the grant recipient who are directly engaged in delivering the funded activity and based anywhere in the UK.

We appreciate the challenges in implementing the policy particularly for small organisations and low value grants. As such we may approve a limited exception to meeting the real Living Wage condition where a potential grant recipient genuinely cannot afford to pay the real Living Wage to part(s) or all of its workforce and therefore withholding the grant would undermine the funder's corporate objectives or delivery of a public service.

Additional Monitoring and Evaluation Requirements

In years 5 and 6, additional monitoring and evaluation activities will need to be completed as part of the grant management requirements, this is in addition to the previous grant management process. This will include the following:

- Each project completing a review of their project answering specific questions set by the Scottish Government.
- Each project will be expected to distribute a beneficiary survey to project participants and encourage them to complete it. A list of proposed questions which will be included is provided at Appendix 1.
- Applicants may be visited by the CVSI team at any point during the delivery phase of the project.
- CVSI team should be invited to any significant project events with adequate notice being provided.
- Press releases should be checked with the funding team before being released.

Project Delivery Timescale

For the 2025/26 round of funding **all projects** funded **must start** delivery **before 31st of March 2026**.

For an annual project all expenditure must be incurred by **31st of January 2027**.

For a multi annual project all expenditure must be incurred by **31st of January 2028**.

Grants will be paid in advance and in full before the end of **March 2026 (for year 1 Funding)**. Multi annual projects will receive second year funding by the **end of March 2027**.

Application Process

Eligible organisations can apply to the Fund after launch on the 29th August 2025. Application forms, application guidance and FAQ's can be found on the CVSi website: www.cvsinverclyde.org.uk

or

by contacting the Funding Team at funding@cvsinverclyde.org.uk or calling CVSi on **01475 711733** and leaving a message for the Funding Team.

Applicants must submit the following along with the application form:

- Latest annual accounts or income and expenditure profile if they are a new organisation
- Copy of governing document such as your constitution, articles of association etc.

Application Timescales

Deadlines and timescales have been agreed for projects that can begin delivery **before the 31st of March 2026**.

The aim is to distribute all of the funds, if possible, in one round, so it is unlikely that there will be a second round of funding for projects, therefore recommend all organisations apply before the **deadline on 10am on Friday 24th October 2025**.

Late applications will **not** be assessed. Grant applications will be assessed for eligibility and due diligence carried out, including review of monitoring returns completed for projects funded currently (Year 4). Projects will be appraised by the grant assessment panel in November 2025.

All applicants will be notified of the assessment decision week beginning 1st December 2025. There will be no right of appeal and feedback will **not** be given in relation to any project rejected.

In the case an organisation is deemed ineligible, where appropriate, we will provide advice on how to address this to enable the organisation to reapply in Year 6.

Rejected applicants **will be** able to reapply in year 6 of the Fund.

TIMELINE

Fund launched 22nd August 2025.

Information sessions:

- 1030-noon 1st September 2025 in person
- 2-330pm on 18th September 2025 online

How to complete the application form session:

- 1030-1pm on 22nd September 2025 in person.

Funding deadline – 10am on Friday 24th October 2025.

Grant notification week 1st December 2025.

Appraisal Criteria

Applications will be assessed by the appraisal panel as follows:

- How the proposed project will meet identified need, locally and/or in relation to the needs of those people within the identified 'at risk' groups.
- Whether the project supports underrepresented groups.
- If the project is a continuation project, how the learning from current delivery is being used to inform future delivery.
- How well the project meets the purpose of the fund.
- How well the project responds to those facing socio-economic disadvantage, with a particular focus on supporting the six priority family groups identified under Best Start Bright Futures: Tackling Child Poverty Delivery Plan.
- The quality and appropriateness of the activities being proposed.
- The impact the project activities will have in supporting the mental health and wellbeing of Inverclyde residents.
- Proposed monitoring and evaluation activities.
- Value for money.

As far as possible approved applications will be complementary to existing provision and avoid duplication.

Applicants will need to show a commitment to Fair Work Practices, more information is available in the application guidance and FAQ document.

Applications received after the funding deadline will not be considered.

Please note that receiving funding previously through the Fund Programme is no guarantee of success. The success rate for applicants in Year 4 was 56% and we expect that it will be as competitive in Years 5 and 6.

Successful Applicants

Successful applicants will be informed week beginning 1st December 2025 and be sent:

- Grant offer letter
- Grant acceptance form
- Grant monitoring report and expenditure statement

The Grant Acceptance form must be returned within 7 working days. Grant Payments will be in advance and in full before 31st of March 2026.

To improve signposting to the wealth of community support afforded by the Fund, all applicants need to register their projects on Inverclyde Life, and this will be checked as part of the monitoring process.

The logo for Inverclyde Life is a light blue rectangular box with a thin blue border. Inside the box, the text "INVERCLYDE LIFE" is written in a green, italicized, sans-serif font.

INVERCLYDE LIFE

Support can be provided with this from CVSI if required.

The date or dates when the grant monitoring forms need to be submitted will depend on project timescales. It is expected that funded organisations will report on project delivery by completing regular monitoring returns. The number of returns required will depend on project duration. Please note that failure to complete the Grant Monitoring form may result in CVSI recovering the funds distributed and/or not funding a multi annual project in Year 2.

Unsuccessful Applicants

Unsuccessful applications may apply again at a future funding date (funding dependent). There is no right of appeal, and no direct feedback will be available unless a project/organisation is deemed ineligible.

The Funding team can offer a funding surgery to unsuccessful applicants to identify other funding opportunities or provide advice on how to enhance the application to funders. In cases where an applicant organisation is deemed ineligible appropriate advice will be provided on how to address this.

Contact Details

Please read the FAQs and applicant guidance to help you complete the application. If this does not answer your question, then please contact the CVS Funding Team at CVSI at funding@cvsinverclyde.org.uk or calling CVSI on **01475 711733** and leaving a message for the Funding Team.

For applicants unable to complete the application form due to accessibility issues, please contact the Funding Team for further support.

Appendix 1- Beneficiary Questionnaire

- 1) Please tell us the name of the group or service you have attended
- 2) Please tell us where you accessed this group or service (Council area)
- 3) How did you find out about this group or service?
 - Online
 - Word of mouth
 - Referral (from a GP, Community Link worker, other professional)
 - Other (please specify)
- 4) How long have you been accessing this group or service?
 - 0-3 months
 - 3-6 months
 - 6 months +
- 5) We would like to understand whether involvement with this group or service has helped your mental health and wellbeing. Based on your participation so far, to what extent to do you agree with the following statements?:
 - Participation in this group or service has helped me feel happier and more content (strongly disagree/disagree/neither agree nor disagree/agree/strongly agree)
 - Participation in this group or service has helped me connect with others (strongly disagree/disagree/neither agree nor disagree/agree/strongly agree)
 - Participation in this group or service has helped me to feel a sense of belonging in my community (strongly disagree/disagree/neither agree nor disagree/agree/strongly agree)

- Participation in this group or service has helped me cope better with difficult situations in my life
(strongly disagree/disagree/neither agree nor disagree/agree/strongly agree)
- Participation in this group or service has helped improve my confidence and self-esteem
(strongly disagree/disagree/neither agree nor disagree/agree/strongly agree)

6) Is there anything else you would like to tell us?